

# Ormus Groups Program Guide

Pre-Ormus Group connection - approx 1 hour before meeting starts.

## Ormus Group Program

Hello, I am \_\_\_\_\_ and Welcome to the Upper Keys Ormus Group.

We would like to give a special welcome to new attendees and have you introduce yourself... (STOP and let people introduce themselves)

Will you please join me in a moment of silence, followed by our Awake, Well and Aware Statement:

Ormus assists the body, the mind and the spirit.

I am Grateful for the Conscious Connection I feel to my Spirit Origin  
I sense a bond with All that is.

I am happy and watchful as I create a Better life.

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## What is Ormus?

Ormus is a group of beneficial and essential natural mineral nutrients which promote health, healing and a sense of wellbeing.

Many also think it improves the connection to our Spirit Origin.

It is extracted from salt, soil, plant material and other specially chosen naturally occurring substances.

Ormus may be ingested or applied topically and it is also useful for plants and animals.

Ormus is thousands of years old dating back to the ancient Egyptians and it is now being newly re-discovered.

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## What We Do

Ormus groups are a fellowship of people whom, having observed these benefits and in their own well-being, live life in Gratitude.

They come together to share their Ormus journey with its joy, wonder and anticipations, solve their common problems and lend a hand to others towards experiencing Ormus benefits.

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## Examples of how Ormus can give a better life

### In Plants, Animals and Humans

- Life force energy is enhanced; vigor, hardiness and stamina increase, such that Wellness may better prevail over Illness. In animals and Human, a greater awareness presents as alert, deep and sparkling eyes.

### In Humans

- Better functioning neurons; called Neural clarity allow the electric body to more efficiently work.
- Mental and spiritual changes include enhanced communication between the left and right hemispheres of the brain, balance in brain activity, clarity of thought, greater creativity, receiving insights; wisdoms and general increase in conscious awareness with a higher level of intuitive reasoning.
- Expansion of energy in the physical body that has been observed as increased warmth especially in specific areas and also has been observed as change in size, color, shape and thickness of the body's natural energy field - commonly called an auric field.
- Expansion of energy promotes increase in ability to counter stressors - including the effects of aging.

- Most have Sensations of Contentment; a superior feeling than happiness; and sense of wellbeing, centeredness and grounded, living life in the Here, Now and present while being mindful of the future.

### **In Plants**

- Astonishing increase in growth, appearance, flavor, hardiness, roots and nutritional value.

### **In Animals**

- Animals actively choose Ormus, become more attentive and companion animals display stronger, deeper interactions.
- More luxuriant and hardier fur and feathers.
  
- ❖ There are no dues or fees for the Ormus Group fellowship; we are self-supporting by our own contributions.
- ❖ The only requirement is an interest in Ormus usefulness, attitude of Gratefulness and desire to live the best truth we know; being of Service and Setting a Good Example.
- ❖ Ormus Groups is not allied with any sect, religion, politics, cause, organization or institution and does not wish to engage in any controversy.
- ❖ Our primary purpose is to enjoy and share the benefits of Ormus and to help others do the same.

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### **How we do it**

We believe that contemporary mankind has knowledge of well-being in plant, animal and human based upon modern science; that this knowledge is not perfect; that a great deal of improvement in all manner regarding well-being, can and is had from matters unexplained; that Ormus brings us back towards what our ancestors probably knew: and that the pro-life benefits of Ormus may fall under both Science and the Unexplained.

We have come to believe the energy which Ormus facilitates in our body, also influences our spirit energy, causing rise in levels of conscious awareness which may result in deep peace and decreased need to display ego-based actions or protect the ego based position called status.

We focus on the better life these interactions allow, acknowledge responsibility for our creative thoughts and our destructive thoughts and we choose to engage in a positive and helpful outlook, paying no attention to negativity in any form.

We choose to live life consciously, with integrity, humility, willing to be helpful, teachable, and not causing harm to others.

We look for opportunities to include Ormus in human, such as oral, sublingual, soap, topical, food, dressings for food and to also include Ormus in plant and in animal.

Grateful for Ormus benefits in our life, we try to share about Ormus to others and practice the Ormus Group principles for ourselves.

We share productive time here with fellowship, opportunity for learning and speaking about Ormus, accepting Ormus experiences described with each other - and above all - sharing with newcomers. This is the purpose of Ormus Groups.

*[Go around the room and introduce ourselves by first name.]*

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### **Chairperson Announcement**

Are there any Ormus community related announcements... ?

I'll pass around the calendar and phone/email list. You're encouraged to sign up to volunteer to chair a meeting, take a phone list and to contact anyone on the list when you have a question or just want to explore an aspect of Ormus.

In an Ormus Group we are fellow travellers on an Ormus journey, on equal footing.

*[Prior to the general discussion, experience a good Topical Ormus: Such as Face~ics Amazing Skin Enhancer.*

*Learn how you can collect Ormus yourself with the "BASICS" DIY Live Oil Kit, or the DISCOVERY DIY Wet Process Kit and the book Ormus Modern Day Alchemy which details 13 different traditional Ormus collection processes for you.]*

Let us agree not to interrupt the person who is speaking, nor offer negative comments since what that person is saying is their truth. Let's limit our sharing to 3 minutes each until everyone else who wishes to speak has had an opportunity. Please raise your hand to share.

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### **Discussion**

*[Discussion: Chairperson may suggest a topic or ask if anyone has a burning topic **that relates to their own experience with ORMUS.***

*Suggestion: When you share, begin by saying "I am \_\_\_\_\_ and I wanted to say/share...]"*

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### **Closing**

Does anybody have a problem or solution regarding Ormus... ?

It is now time to pass the basket because every Ormus Group ought to be self-supporting with money to fellowship and to carry the Ormus Group message about Ormus to others.

*[Ask someone to gift a remembrance token, for our first time visitors, who would like to receive one.]*

At Ormus Groups we use tokens to commemorate our time having Ormus in our lives. Our first token is a start-up token. Is there anybody here learning about Ormus or visiting an Ormus Group for the first time ...?

This token is physical proof of time invested in yourself, so you may connect to the experience of Ormus.

*[Close the meeting with an Intention Meditation, Choose a different intention if you wish.]*

### **Intention Meditation**

Speaking an Intention Meditation adds the power of our focus to what we desire.

We are a Divine spark of conscious life in the universe known as the Sacred fire or Secret Fire.

**To be spoken aloud** (with feeling)

"The I am that I am SEES: I have well-being in mind, body and spirit."

"The I am that I am is HAPPY: I have well-being in mind, body and spirit."

"The I am that I am is GRATEFUL: I have well-being in mind, body and spirit."

"Thank you, I Love you." [with feeling]

"So be it."

"All that is Above reflects All that is Below."

"Thank you very much."

"I am GRATEFUL." [with feeling]

*The Ormus Group meeting is now over, you may stay and have informal discussion or ask questions of one another before leaving.*

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### **Post-Ormus Group Connection**

Meet up in a restaurant afterward - if desired.

[A meeting should be held at least a minimum of once every quarter after the Ormus Group program to show a Wet Process and a Live Oil Ormus extraction process.]

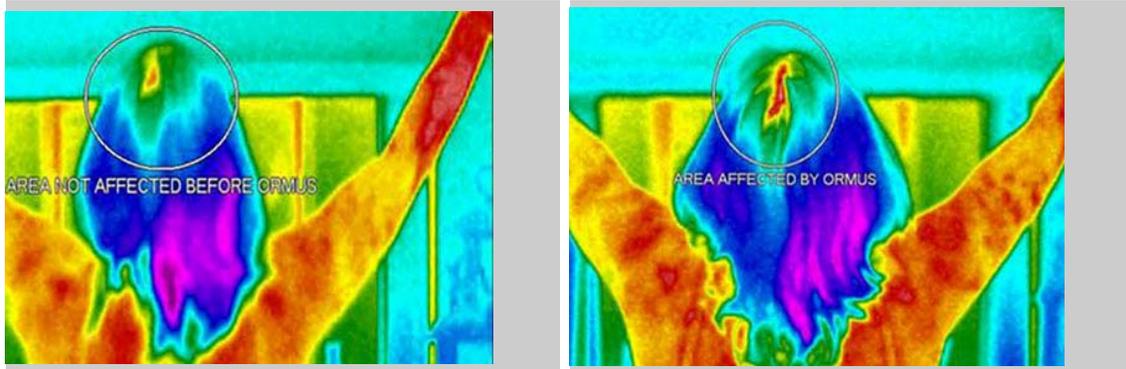
[A suggestion is to employ the "Ready to Use": "Discovery DIY Wet Process Kit" and "BASICS DIY Live Oil Kit".

The book Ormus Modern Day Alchemy Primer of ORMUS Collection Process also details 13 different ways how you can collect Ormus.]

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## Thermo-graphic image Before & After taking Ormus

Before Taking Ormus After Taking Ormus



Displayed above is heat using a color-based scale.

In the scale, Red is warmer than yellow, yellow is warmer than green, green is warmer than aqua, aqua is warmer than blue and blue is warmer than violet.

The range of recorded temperatures in this study is between 77°F and 98°F. (Study performed by Lazaro Michael Gonzalez and Chris Emmons RPh).

These pictures display a significant expansion of energy in the head area after Ormus. This is sometimes referred to as an "opening" of energy.

(Full article: Ormus in Human is at the website: [www.OrmusBook.com](http://www.OrmusBook.com))

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### Aura Foto Before/After Ormus

"Below is Aura of a person who meditates. It looks like Ormus is mediation in a bottle" *direct quote from the Aura photography shop owner.*

After ingesting Ormus tremendous changes have occurred in the body's natural energy field - commonly called an auric field. Here the auric field of the subject (Chris Emmons RPh) dramatically changes shape and color after ingesting Ormus.

The Images below The images above show how the "Auric field" is heightened after taking Ormus so it clearly shows that "something" is happening on a meta-physical and spiritual level.

As you can see, this clearly and indisputably shows that Ormus has some positive Auric effects on the human body.



**Colors in an auric field convey meaning:**

- Before ORMUS see Orange/Gold: Tied to concerns of the physical, immersion in day to day actions and functions of life.
  - After ORMUS No Orange/Gold: Has been pushed out, day to day concerns and stresses of life were handed off to spirit.
  - See Lavender: Frequency of Healing and of Spiritual connectedness.
  - See White over the Lavender: Rare double aura, White is tied to Peace and Spirituality.
  - Auric Fotos by: Atena [www.MysticalFlorida.com](http://www.MysticalFlorida.com)
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## **Be a Local Ormus Group Facilitator**

Contact Us: Ormus Group World Services LLC - [www.OrmusGroups.com](http://www.OrmusGroups.com)

Ormus Group Programs available at: [www.OrmusGroups.com](http://www.OrmusGroups.com)